

# GET RID OF CELLULITE WITH PURE ESSENTIAL OILS

Think it's impossible to get rid of cellulite – the lumpy, bumpy skin most women have on the back of our legs? Think again! I had cellulite for years and being tall and thin made no difference. When I first noticed it, I hated it but really didn't know what to do about it, other than try all the expensive creams and lotions on the market.

Every time a new one was advertised, I was convinced it was "the one" to get rid of my cellulite for good.



Once I became knowledgeable about health, fitness and wellness and learned that a clean diet and exercise played an important role in combating cellulite, I began a strict regimen and waited patiently for all my detoxifying and clean eating efforts to pay off. I also used a product from Weleda called [Birch Cellulite Oil](#) since it is a natural, non-toxic product. Although the cellulite did improve, it was not enough to decrease my self-consciousness about it. If you have mild cellulite, Weleda Birch oil is an excellent product to try, but if you are like me, you'll need something stronger.

That's where my [very own Anti-Cellulite Cream](#) comes in. After trying many different formulas and perfecting the best recipe, using only once a day within a matter of a few weeks I noticed a dramatic change and over time it has continued to improve to the extent that I am finally happy with the results. The cream smells great, feels great and I love using it after I shower.

I initially used Aura Cacia essential oils in my formula, but have since been using only [DoTerra](#) oils after the discovery that they are the only brand [Dr. Josh Axe](#), who has one of the top 10 most visited natural health websites in the world, uses and recommends. DoTerra oils have a stronger scent and seem to be a much higher quality than the less expensive brands, which sometimes gave me a headache. As a side note, many of DoTerra oils can also be taken internally, while most other brands do not have that qualification. For more on DoTerra oils and how they are sourced and manufactured, check out their website [HERE](#).

I have had several clients ask me to make the cream for them since they

didn't have the time or patience or desire to invest in the ingredients needed to make this blend. So I have made it easily accessible to you, available in my online store (US shipping only), for only \$29! Why not give it a try today, you'll be glad you did!

Massage the cream into legs, thighs and anywhere you have cellulite once or twice a day. [Skin Brushing](#) first is very helpful as well and will greatly improve results. Let me know in the comments how it worked out for you.

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